## HOW TO CONTACT US

Our team of specialist Travel Trainers cover the whole of Birmingham. We welcome referrals from schools, colleges, parents/carers, specialist care centres, and other youth support organisations.



## IF YOU WOULD LIKE TO FIND OUT MORE, PLEASE CONTACT:

www.localofferbirmingham.co.uk/ home-to-school-transport/ independent-travel-training/ email - BCCITT@Birmingham.gov.uk

The information contained in this leaflet is available in other formats. Large print, Braille, audio tape or disk. We can also translate into other languages. For further details on our Travel Training Scheme or to apply for training, please contact your local Travel Trainer.

### Your local Travel Trainer is:

#### Can be contracted on:

Email:



# TRAVEL TRAINING

A useful guide about our service

### CHILDREN AND YOUNG PERSONS TRAVEL SERVICE

## WHAT IS TRAVEL TRAINING?

Travel training is designed to help people to get more out of life by gaining the skills and confidence to travel independently.

Being able to use public transport independently will help your child or young person to make choices about how they want to live and what they want to achieve in life. It will give them a sense of freedom to access activities that they may otherwise be unable to attend or take part in such as:

- Employment
- Social Inclusion
- Access to Leisure Facilities
- Independent Journeys
  to School/College

## HOW DO WE HELP?

Trainers will accompany trainees on their journeys, providing encouragement and guidance until we feel confident that trainees have developed the appropriate skills to travel independently. Trainees will be supported for at least 12 months after training if they should need it.

Our team of specialist travel trainers are there to help develop skills such as:

- Coping with traffic on major roads, with and without pedestrian crossings
- Confidence in using buses and trains/trams
- How to plan a journey
- Familiarisation of travel routes and timetables
- Identification of landmarks
- Where to get help
- Personal safety

## WHO CAN WE HELP?

We work with clients who have behavioural difficulties, physical difficulties and additional needs to enable them to use public transport services.

We can help prepare participants for travel on any specific journey - perhaps to work, school, further education or a training opportunity.

We can also help with walking routes.